



Dear Prospective Volunteer,

Thank you for your interest in volunteering at Women's Health (Boulder Valley Women's Health Center).

This brochure includes information about:

- Volunteering as a Clinic Assistant (our most often requested volunteer opportunity)
- Other opportunities to become involved with the Center

☞ **Volunteer Clinic assistants** participate in a wide variety of activities from patient oriented care to clerical assistance. The training required for this position provides a strong base for work in all areas of the center. Please fill out our application and submit it electronically.

☞ Women's Health volunteers can also fill specific positions supporting our administrative team or the office in general. Examples include: our "public policy" volunteer position, our "green" volunteer position, and many others. Contact Erin to apply for these positions.

☞ For those with less time but a desire to contribute, we also host event-based volunteer opportunities several times a year.

Let me know what your interests are and I will help place you in the most appropriate position to assure that your experience with us is a fulfilling one. Once I have received your application, I will be in touch with you to schedule an appointment for you to visit the clinic and have an interview. *Volunteering at Women's Health is a challenging and rewarding experience. I look forward to hearing from you!*

Sincerely,

Erin Pribyl
Volunteer Coordinator
303-442-5160 ex: 29
erin@bvwhc.org

P.S. please include a resume if possible.

A little about us...

Women's Health is a private not-for-profit agency which provides a high standard of reproductive health care for all women regardless of income. Our mission is to promote self-sufficiency by educating women and their partners to:

- regain or maintain basic health
- plan or prevent a pregnancy
- identify and treat causes of reproductive health problems
- avoid or treat sexually transmitted infections through medical treatment and safer sex practices

Women's Health was founded in 1973, the year the Roe v. Wade decision legalized abortion. While the center opened to provide abortion services, by 1975 our services had expanded to include a broader range of gynecological care. In the early 1980s, government funding allowed Women's Health to offer subsidized family planning health care. Our services have continued to expand. We currently offer community education, a specialized Teen Clinic and a program and translator specifically serving the Latina population.

Women's Health is also the only independent non-profit abortion provider in the area. The center provides women with safe and confidential first trimester abortions. While the center does maintain a separate Reproductive Equality Fund to provide women in need with financial assistance for an abortion, none of the family planning subsidies are used to subsidize abortion services in any way.

Our Mission Statement, Vision & Core Values:

MISSION:

The Mission of Women's Health (Boulder Valley Women's Health Center) is to provide accessible, confidential and comprehensive gynecological and reproductive healthcare, including sexual health services and education.

VISION:

Women's Health envisions a healthy community of people empowered to make informed choices about their sexual health and well-being.

CORE VALUES:

Women's Health will meet its mission:

- By providing quality healthcare and services regardless of a client's insured status or economic circumstances;
- With respect for the dignity of our clients;
- With compassion and caring;
- By remaining committed to reproductive justice;
- By actively including those who experience unique barriers to healthcare access including mono-lingual Spanish speakers, youth, GLBTQI*, racial/ethnic/cultural communities and people with disabilities;
- By providing medically accurate, comprehensive and respectful education;
- By utilizing resources in a way that provides healthcare within our scope of practice and consistent with the standard of care to as many clients as possible; and
- By providing a work environment for all employees that is affirming and respectful of them as individuals and empowers and encourages success.

** Gay, Lesbian, Bisexual, Transgender, Questioning/Queer, Intersex*

About our volunteers...

Volunteers have been an essential part of Women's Health since its opening. Many of the clinic's founders donated their services and a volunteer board of directors runs the center. Many of our staff began their careers at Women's Health as volunteers- coming first to explore a chosen field or to contribute to a meaningful cause and staying because of the gratifying nature of their work.

Our staff and volunteers mirror the population we serve. Women's Health does not discriminate on the basis of race, gender, ability or sexual orientation. **Both males and females are encouraged to volunteer.**

Service opportunities

The need for general maintenance and upkeep at our center changes with the seasons. Service groups are coordinated to help with gardening, painting, cleaning and maintenance. We also need help to with clerical duties such as updating and refilling patient handouts and preparing for new patients.

Our service opportunities do not require the extensive training that the clinic assistant positions do and are an excellent way to learn about our center, or become involved before the next volunteer orientation session starts. If you are interested in helping our clinic on an "on-call" basis, please fill out an application and include your e-mail. You will be placed on our notification list and contacted as needs arise.

Volunteer Positions:

- Volunteer Family Planning Clinic assistant
- Volunteer Teen Clinic assistant
- Public Policy Volunteer
- Zero Waste Volunteer
- Sterilization Clinic Volunteer
- Abortion Clinic Volunteer
- Development and Special Events Volunteer

We ask that you...

- Support reproductive freedom
- Support the mission of our center
- Attend an orientation session
- Make a 6 month commitment to volunteer
- Attend to a quarterly volunteer staff meeting.
- Desire a challenging and meaningful volunteer experience.

About the orientation sessions...

We recognize that making the commitment to volunteer is important and we want you to have a meaningful experience. Our orientation typically lasts three days: one Thursday evening, Saturday and Sunday, and occur three times a year. Each volunteer must complete orientation before beginning their volunteer work. Orientation is an essential part of the volunteer experience. It is designed not only to provide you with a foundation of understanding the services offered at Women's Health, but also to provide you with a vehicle of self exploration, support you in making a meaningful commitment to the agency and to foster community between volunteers and staff.

During orientation we explore such topics and skills as:

- Reproductive health issues including birth control and sexually transmitted infections;
- Abortion services and alternatives;
- Issues with serving a diverse population;
- How to support a patient through an unplanned pregnancy; and
- How to get the most out of your volunteer experience.

Volunteers should come to orientation expecting to learn a lot, work hard and have fun! All sessions are interactive and held in a casual atmosphere at the center.