Annual Report 2017

BETTER TOGETHER

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WOMEN'S HEALTH
BOULDER VALLEY WOMEN'S HEALTH CENTER
The Mission of Women’s Health (Boulder Valley Women’s Health Center) is to provide accessible, confidential and comprehensive gynecological and reproductive healthcare, including sexual health services and education.
MESSAGE FROM THE DIRECTOR: TOGETHER

Dear Friends,

January of 2017 seems so long ago now. A new President had been sworn in and the largest outpouring of support for women, reproductive rights and equality immediately followed. It was my privilege to speak at the Women March in Denver. I reminded the crowd that reproductive rights not only benefit women, but can also change the world. When women are in charge of their reproductive lives without interference, women, men and their families are healthier and more successful.

The March was the beginning of a remarkable year for Women's Health—a year that began in despair and fear ended with a recognition that we are not alone in this work. Over and over during 2017, we were wowed by people's willingness to step into the fight with us. Hand-written notes of encouragement comforted us. Many “just wanted to do something” and volunteered with us, referred patients to us, or became outspoken advocates for us in the community. Individuals took action through supporting our organization financially, many for the first time. And many, many people became politically involved and engaged in protecting the rights which we hold dear -- work which must continue into 2018 and beyond.

Providing reproductive and sexual healthcare as an independent, local, nonprofit organization is hard. There are many challenges; some imposed upon us, some just the nature of the work. The support and encouragement that we receive from our community makes our work more meaningful and that much easier. Thank you!

Best,

Susan Buchanan, RN, JD
CEO, Boulder Valley Women's Health Center
OUR PATIENTS

4210 PATIENTS* CLINIC WIDE
*Unduplicated number. Some patients seen in more than one program.

2962 FAMILY PLANNING/GYN (ADULTS)

923 FAMILY PLANNING/GYN (TEENS)

394 ABORTION CARE

120 TRANSGENDER & GENDER NON-BINARY SERVICES

Each figure = 100 patients.

Insurance: 38%
Medicaid: 24%
Self Pay: 38%
GENDER
- Female: 93%
- Male: 3%
- Trans/Nonbinary: 4%

INCOME
- <101% FPL*: 56%
- 101-150% FPL: 9%
- 151-200% FPL: 6%
- 201-250% FPL: 4%
- >250% FPL: 15%
- Unknown: 10%

*FPL (Federal Poverty Line) = $12,000 annual income for an individual/$24,600 family of 4.

COUNTY OF RESIDENCE
- Adams: 3.2%
- Boulder: 77.2%
- Broomfield: 3.5%
- Jefferson: 2.7%
- Larimer: 2.3%
- Weld: 4.2%
- Other Colorado: 3.7%
- Out of State: 2.8%

RACE/ETHNICITY
- African American: 1%
- Asian: 4%
- White / Not Latinx: 65%
- Hispanic or Latinx: 22%
- Native American: 1%
- Mixed Race: 4%
- Unknown: 3%

AGE
- 60+: 2%
- 40–59: 13%
- 25–39: 38%
- 19–24: 29%
- under 18: 17%
In addition to our Family Planning programs, our Medical Director, a board-certified Ob-Gyn, provides specialized care for gynecological disorders or abnormalities. Complex gyn treatments include colposcopy, LEEP, cryosurgery and endometrial biopsies.

Our physician also provides permanent non-surgical contraception for men (no-scalpel vasectomy).
Breast Health Program

The Women's Health Breast Health Program connects patients with the care they need and financial assistance for that care, if needed. After providing the initial breast exam, we navigate patients through the diagnostic process, including mammograms, ultrasounds, biopsies, and surgical consults. Thanks to funding from the Women's Wellness Connection (WWC), the Breast and Cervical Cancer Program (BCCP) Medicaid, and Women's Health own Breast Health fund, we are also able to arrange financial assistance for patients who qualify.

385 BREAST RELATED REFERRALS
17 BREAST BIOPSIES
3 DIAGNOSES OF BREAST CANCER
34 PATIENTS RECEIVED FUNDING

Transgender & Gender Non-binary Services

Women's Health welcomes people of all gender and sexual identities. We seek to be a welcoming and safe place. We are committed to using correct names and pronouns and to respect all aspects of a patient’s identity.

Women’s Health has been offering hormone therapy (HT) for transgender clients since 2012 and is now a leading provider for HT in Boulder County, as well as for other sexual health services for transgender and non-binary folks. In 2017, 120 patients were seen for HT out of 136 who identified as transgender or non-binary.

In 2017, recognizing the barrier for transgender and non-binary patients to obtain an HT referral letter per WPATH Standards of Care, we began offering a one-time gender support consult with our in-house counselor, an important resource due to the difficulties these folks face in receiving accessible, respectful, affordable and affirming care.

THE IMPACT OF LOSING PUBLIC FUNDS

Title X (ten) is the federal family planning program that subsidizes care for low-income adults and teens. Because of Title X funding, we are able to offer our services, except abortion care, on a sliding scale that slides to $0 for those under the Federal Poverty Line (FPL).

Because of the change in the federal administration in 2017, our Title X funding is under threat as never before. Losing these vital funds would impact our ability to provide free or low cost services to those most in need in our community. Women’s Health is the ONLY Title X provider in Boulder County.

In 2017:

56% OF OUR PATIENTS WERE UNDER THE FEDERAL POVERTY LINE*

75% OF OUR PATIENTS WERE BELOW THE LIVING WAGE FOR BOULDER COUNTY**

*$12,000/year for an individual or $24,000 for a family of 4.

**$27,768/year for an individual or $36,337 for a family of 4 (according to livingwage.mit.edu).
REDUCING BARRIERS/INCREASING ACCESS

Patient Advocacy & Case Management

As a Patient-Centered Medical Home, Women's Health coordinates care for our patients for specialty services or services outside our scope of practice and works to reduce or eliminate barriers to care. In 2017, our Patient Advocates:

- Coordinated referrals for breast and cervical cancer screenings and treatment, such as imaging, surgery, and referrals to oncologists, as well as arranging financial assistance for these services for patients in need.
- Coordinated care for a broad range of medical services outside our scope of practice, such as primary care, mental health services, dermatology, gastroenterology, endocrinology, cardiology, neurology, urology, sleep medicine, and gender confirmation surgery.
- Managed incoming referrals from local physicians and medical practices.
- Worked with patients to reduce barriers to accessing care, such as a lack of transportation, child care, food or shelter and/or mental health concerns.

Growth in Longmont

In 2017, we added 4 additional hours to our Longmont clinic schedule to increase access and convenience for Longmont-area patients.

- 16% gain in hours (4 additional hours)
- 18% increase in patient numbers
- 20% increase in patient visits

We also expanded our outreach to Longmont-area students, increasing comprehensive sexual health presentations in the St. Vrain Valley School District.

- 35% increase in presentations in St. Vrain in 2017 over previous year

1531 total referrals in 2017 (an increase of 151 from 2016)

2314 total contacts

1209 Boulder
1105 Longmont
Women’s Health is proud of our role as the first abortion clinic in the state of Colorado, founded in 1973. Today, we continue to provide compassionate, expert, first-trimester abortion care. Women’s Health is certified by the National Abortion Federation and is a member of the Abortion Care Network, a national association for independent community-based, abortion care providers.

Financial Assistance

Because no government funding can be used to subsidize abortion services, Women’s Health maintains a private fund to assist patients who can’t afford the cost of their procedure. Our Reproductive Equality Fund (REF) is funded entirely through donations from individuals in our community. We also coordinate assistance for our patients from the National Abortion Federation and the Women’s Freedom Fund.

$30,687
FINANCIAL ASSISTANCE PROVIDED IN 2017

40%
OF ABORTION PATIENTS REQUESTED ASSISTANCE

$207
AVERAGE AMOUNT OF ASSISTANCE

$450
COST OF AN ABORTION PROCEDURE

A note from one of our abortion patients:

Thank you all so much for your amazing care amidst what seemed like a very scary endeavor. I will always remember the moment my counselor informed me that I was not alone. I will always remember the woman holding my hand during the actual procedure, along with every woman that has an influence in the ease and comfort that surrounded me, and reminded me that I can relax despite the chaos that may exist in this world. I shed tears afterward for the beauty and healing I experienced in your hands. I honor each and everyone one of you and I will never forget you.
Teen Clinic

Women’s Health opened the Boulder Teen Clinic in 1995 and Longmont Teen Clinic in 2006 to provide free and confidential services for teens. Parental involvement is encouraged but not required. Services are free for patients under age 18, and free or discounted for 18-19 year olds.

Community Health Education

Our Community Health Educators provide medically accurate, scientifically based comprehensive sexuality education in local classrooms, as well as support for teachers, parents/guardians, and youth-serving agencies.

SEXUAL HEALTH AWARENESS & PEER EDUCATION (SHAPE)

High school youth in SHAPE receive training in sexual health and prevention and in turn, educate their peers and the community through classroom presentations, outreach events, Social Media, and lobbying at the State Capitol.

Youth Technology Initiative

In 2017, teens asked anonymous sexual health questions and received medically accurate answers.

*Long-Acting Reversible Contraceptive, such as an IUD or implant, the most highly effective form of contraception.
 Volunteers contribute to the success of our organization in a variety of ways. In addition to our Board members who volunteer their time to provide oversight, planning and support to the organization, members of SHAPE (Sexual Health Awareness & Peer Education) volunteer their time to provide sexual health and prevention information to their peers. Clinic volunteers work a weekly shift in the clinic, volunteer on one-time projects or assist at special events.

**3,077 VOLUNTEER HOURS DONATED***

<table>
<thead>
<tr>
<th>BOARD MEMBERS</th>
<th>SHAPE PROGRAM</th>
<th>CLINIC: ADMINISTRATION, FAMILY PLANNING</th>
<th>CLINIC: ABORTION CARE</th>
</tr>
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<tbody>
<tr>
<td><strong>1,116</strong></td>
<td><strong>1225</strong></td>
<td><strong>452</strong></td>
<td><strong>284</strong></td>
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**NUMBER OF VOLUNTEERS**

- Board: 16
- SHAPE: 15
- Clinic: 17

*Value of Hours = $82,402

According to the Independent Sector website, the value of a volunteer hour for 2017 in Colorado was $26.78.

Women’s Health maintains a visible presence in the community so that those who need us know about us. Our staff, volunteers and Board members table at health fairs, college campuses, and community events throughout Boulder County, with a special focus on reaching underserved populations. We also do outreach to other nonprofits and social service agencies whose clients might benefit by knowing about our services.
The political climate of 2017 was distressing for anyone who cared about women's rights and reproductive justice (among other things).

Due to the unique position of Women's Health as the only abortion provider in Colorado who also receives Title X federal family planning funds, we spent the year continually uncertain about the status of our government grants and our ability to continue to provide accessible and affordable reproductive and sexual health care to the communities we serve.

Within this uncertainty, Women's Health staff, board, volunteers and community members stepped up their activism in the fight for reproductive freedom, beginning with the Women's March on Denver in January.

**Women's March on Denver**

On January 21, 2017, Women's Health staff, board members, volunteers and supporters joined the Women's March on Denver, one of the many "sister marches" held in solidarity with the Women's March on Washington.

Women's Health Executive Director/CEO Susan Buchanan had the honor of being an invited speaker at the Denver march (see above).
State and Federal Advocacy

Abortion restrictions, funding cuts, and continual political attacks pose threats to providers and barriers to access for the people we serve. Women’s Health works with our statewide partners in the Colorado Reproductive Health, Rights and Justice Coalition and federally with the National Family Planning and Reproductive Health Association to ensure that reproductive rights and access are protected in our laws and policies.

In March 2017, Women’s Health staff, board, and volunteers joined our state coalition partners at Reproductive Freedom Lobby Day at the State Capitol (below). We (successfully lobbied our state legislators in support of HB1186, which required insurance companies to dispense 12 months of birth control at a time rather than one month, increasing convenience and accessibility, reducing gaps in use, and decreasing risks of unintended pregnancy.

Meanwhile in March, Women’s Health Executive Director/CEO Susan Buchanan and Finance Director/CFO Heidi Halpern (above, at the Capitol), traveled to Washington, D.C. to lobby our national leaders on health care reform, Medicaid expansion, and preserving Title X, the federal family planning program. It is this essential government funding which allows us to slide our fees to $0 for patients under the federal poverty line, subsizing care for those most in need.
2017 Statement of Activity

REVENUE
Government Contracts $943,056
Grants and Other Contracts $61,312
Contributions $492,354
Subsidized Program Revenue $966,383
Non-Subsidized Program Revenue $164,416
Fundraising Events (net expenses) $107,465
Other/Investment Income $4,304

Total Revenue $2,739,290

EXPENSES
Subsidized Programs $2,009,566
Non-Subsidized Programs (abortion care) $292,143
Management, Fundraising and General $351,999

Total Expenses $2,653,708

EXCESS OF REVENUE OVER EXPENDITURES
(after depreciation) $85,582

2017 Statement of Financial Position

ASSETS
Current Assets $923,529
Property and Equipment $1,053,427
Other Assets $27,054

Total Assets $2,004,010

LIABILITIES & NET ASSETS
Total Liabilities $105,390
Net Assets (Restricted and Unrestricted) $1,898,620

TOTAL LIABILITIES AND NET ASSETS $2,004,010
2017 FINANCIALS

REVENUE

- Government: 34.4%
- Grants: 2.2%
- Contributions: 18%
- Subsidized Programs: 35.3%
- Non-Subsidized Programs: 6%
- Fundraising Events: 3.9%
- Other/Investments: 0.2%

EXPENSES

- Subsidized Programs: 75.7%
- Non-Subsidized Programs: 11%
- Management, Fundraising and General: 13.3%
Thank you to our 2017 donors

We value all of our donors and donations of any amount. Due to space limitations, only donors who have given $100+ during 2017 are listed here. We have made every effort to ensure the accuracy of this list. If we have omitted or misidentified you in any way, please accept our apologies and let us know.

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President Lisa Shoemaker (former Board member Lauren Park, and Board CHAMPIONS of CHOICE: Champion Beth Waters, from left attend the 2017 Champions of Choice luncheon at the Flagstaff House. The annual Champions event raises funds to support abortion care at Women’s Health.

GOVERNMENT
Boulder County City of Boulder City of Boulder’s Youth Opportunities Program City and County of Broomfield City of Longmont Title X Federal Grant (delegate agency) Women’s Wellness Connection

*Circle of Sustainer monthly donor

BUSINESSES

FOUNDATIONS
AEC Trust The April Fund Beth Marbach Brett Family Foundation The Britton Family Broomfield Community Foundation Bump in the Road Fund Celeb Fund of The Minneapolis Foundation CLASS Fund The Community Foundation Serving Boulder County The Denver Foundation Divine-Triggs Family Fund Ert Family Fund Everest ’96 Memorial Gift Fund The Freedom Fund George Lichter Family Foundation The Hope Fund Jared Polis Foundation Julie Shaffer Katherine and Ryan McIntyre Longmont Community Foundation Mann-Freeman Family Foundation Martens Family Colorado Foundation The Marvin Naiman and Margery Goldman Family Foundation Millennium Trust Endowment Open Door Endowment Ormsbee Family Fund The Pounds Family Foundation S.A. Gardner Fund The Robert and Carla Unwiler Charitable Giving Fund Valdemar F. Larson Memorial Fund


CHAMPIONS of CHOICE: Champion Beth Waters, former Board member Lauren Park, and Board President Lisa Shoemaker (from left) attend the 2017 Champions of Choice luncheon at the Flagstaff House. The annual Champions event raises funds to support abortion care at Women’s Health.
Our hard-working Board of Directors represents a diversity of ages, race/ethnicities, genders, sexual orientation, cities of residence and areas of expertise, including physicians, attorneys, financial experts, and current or former patients.

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BACK ON BOARD: Current and former Board members and directors reconnect at the 2017 Back on Board event. From left: 2017 Board President Lisa Shoemaker, Executive Director Susan Buchanan, former Board member Susan Connelly, former Executive Director Bobbie Watson, and Board member Laura Stark Ghayur.
HOW YOU CAN HELP

ADVOCATE

Advocate for continued government funding of family planning services. Make sure your state and federal legislators understand the importance of contraceptive access and a well-funded family planning safety net.

VOTE

Support candidates who believe in reproductive freedom. This is an important election year, both in our state and nationally. Help elect lawmakers who will support access and public funding for reproductive healthcare.

EDUCATE

Educate yourself. Sign up for our email Advocacy & Action Report, a quick round-up of stories from around our state and nation. Keep informed on what’s going on in Congress and our State Legislature and how you can take action to protect your reproductive rights!

Educate others. Talk with your family, friends, and neighbors about the importance of access to reproductive healthcare services and the crucial role that Women’s Health plays in assuring access for the underserved in our community.

CONNECT

Join us on Facebook, Twitter, LinkedIn, Pinterest, and Instagram!

DONATE

Support Women’s Health to keep subsidized family planning services, sexuality education, and abortion care available to all who need them. Give a one-time gift or become a monthly supporter!

- $1000 provides four comprehensive sexuality education classroom presentations.
- $500 provides one low-income woman or teen with an IUD or other long-acting reversible contraceptive (LARC).
- $100 provides birth control pills for one low-income woman or teen for six months.
- $50 covers a decision counseling session for a woman facing an unintended pregnancy.

Join our Circle of Sustainers.

When you join our Circle of Sustainers, you become part of a special group of people who provide access to reproductive and sexual healthcare. In addition to providing ongoing, reliable support to our mission, giving monthly is convenient and easy on your budget!

Sustaining Partners are members of the Circle of Sustainers who donate at least $100 each month.

Learn more about joining the Circle of Sustainers on our website.

CONTACT

Meaghan Peters, Development Director: meaghan@bvwhc.org or 303–440–9320, ext. 111

Donate or learn more on our website: www.boulderwomenshealth.org/donate